

## Information specifically for pupils: What will happen to pupils who are caught smoking?

It is important that you stay away from any pupil who is foolish enough to smoke on school premises. If you are caught next to, or in a huddle with, smokers - it is almost certain that you will also be disciplined. In such circumstances busy staff are not going to waste time investigating who was or wasn't holding the cigarette. You will

be subject to school discipline if you are:

- 1] caught smoking;
- 2] caught associating with smokers;
- 3] in possession of cigarettes or lighters;
- 4] identified as smoking by a reliable witness.

This rule covers when you are:

- travelling on school buses
- in the school yards or on the school playing fields
- on any school trip
- on the school premises



- Why does the school need a 'smoke-free policy if smoking is to be banned under government legislation?

## Frequently Asked questions

The school's 'smoke-free' policy is an expression of the school's commitment to meet its objective of making "a place where people can live healthy lives".

Are there any exceptions to the 'smoke-free' policy? No

Can employees smoke in their cars on school owned or controlled car-parks or whilst they are on school business? No

Can I smoke on the public street outside an entrance to the school? No. If you are an employee or pupil at school then you would not be allowed to smoke anywhere in the immediate vicinity of school during working hours. If caught, pupils can expect to be disciplined for smoking in their normal business of attending school. This includes travel to and from school.

Does the 'smoke-free' policy apply to contractors and or sub-contractors visiting or working in or on school premises or property? Yes. Under the 'smoke-free' policy agency employees, contractors and visitors are not allowed to smoke anywhere at any time whilst at work or on business or on a school owned or controlled property.

Smokers are four times more likely to quit with the support of their Local Stop Smoking Service. Young people, aged 12 years and above, and adults can receive support to stop and Nicotine Replacement Therapy (NRT) free of charge if they do not pay for their prescriptions. Anyone wishing to stop smoking or requiring further information should be sign posted to their local Stop Smoking Service:  
West Lancashire: 0800 328 6297      Central Lancashire: 0800 328 6297  
East Lancashire: 0800 328 6297      North Lancashire: 01524 845145

Cardinal Allen Catholic High School:  
A Specialist Maths and Computing College

# No Smoking Policy

Updated September 2013

Our aim is for Cardinal Allen to be a healthy school.  
We are totally committed to securing this aim.  
It is illegal to smoke here.

This policy refers to tobacco as well as e-cigarettes



Maths &  
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*The fair application of rules on smoking reflects our desire to preserve relationships and care for each other. We are doing this by adopting a responsible stance on smoking and by educating people on healthy lifestyle choices.*



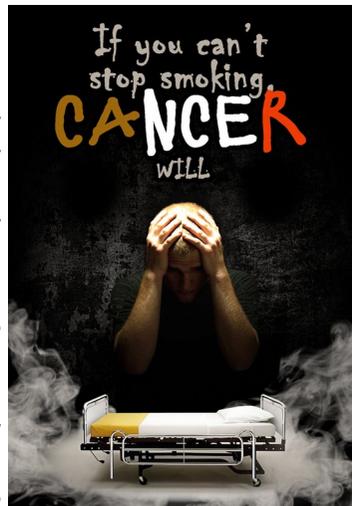
## Why is smoking now illegal in public places?

Passive smoking - breathing other people's tobacco smoke - has been medically proven to cause lung cancer and heart disease in non-smokers, as well as many other illnesses and minor conditions. Smoking can make you very ill and it's bad for your skin, it is addictive and it is very, very expensive. Passive smoking is when people are forced to breathe in other people's smoke. It is known to cause diseases and sickness. Cardinal Allen like all other public places is a non-smoking environment. ***Our policy refers to tobacco as well as e-cigarettes.*** We will not tolerate **anybody** smoking (teachers, pupils, visitors to school) on our yards, within the school premises, fields or on the buses which transport children to and from school.

## Policy Statement:

The following policy has been in place since 1<sup>st</sup> July 2007.

- Smoking is not allowed at any time when employees or pupils are on site.
- Smoking is banned in the school's premises and grounds and in any school vehicles used for transporting pupils, employees, parents or visitors.
- Smoking is not allowed by employees or pupils, or others on land owned or controlled by the school, e.g. car parks, playing fields, playgrounds.
- Visitors and Governors are reminded that the school in conjunction with the County Council is 'smoke-free' and they are requested not to smoke near any access point, doorway or window fronting onto public roads or land.
- The 'smoke-free' policy will be brought to the attention of partnership organisations, businesses providing services and other stake-holders who may interact with the school's employees or pupils and their co-operation in implementing both the spirit and the letter of the policy will be requested.



Smoking is associated with around 50 diseases and smokers are more likely to be ill and require time off. As well as major illnesses such as cancer, bronchitis, emphysema, strokes and heart disease, smokers are more susceptible to coughs, colds and flu.

Non-smokers may also suffer increased illness from the effects of passive smoking.

## Breach of Policy:

- Breach of the policy by school staff or pupils will lead to disciplinary action being taken.
- For employees this will be subject to the normal disciplinary procedures. This will include verbal warnings, written warnings and dismissal in the worst scenario.
- For pupils this will always be an after school detention until 4-10pm. Persistent smokers will receive a fixed term exclusion and will be banned from school trips and other social events.
- We will always inform parents/guardians if pupils are involved in smoking.

## Monitoring of the Policy:

The operation of the policy will be monitored and reviewed on an annual basis at the Governors Policies & Community Committee

## INFORMATION:



**Free help and information is available from:**

- Local NHS Stop Smoking Service
- GP Surgeries
- NHS Smoking Help-Line
- Telephone No. 08001690169
- County Council's Schools Portal
- Lancashire Healthy School's Website
- [www.lhsp.org.uk](http://www.lhsp.org.uk)

## Lancashire County Council Advice on e-cigarettes:

The use of electronic cigarettes is becoming more common, both locally in Lancashire and at a national level. However, these products are currently unregulated and unlicensed in the UK and therefore vary widely in their composition. There is no medical evidence to support how they can be used to reduce or stop smoking and therefore should not currently be used as a cessation tool. They are currently undergoing thorough research by the UK's Medicines and Healthcare Regulatory Authority (MHRA) and will be licensed for public use in 2016

Children learn their behaviour from adults and those whose parents or siblings smoke are 2-3 times more likely to become smokers themselves. Electronic cigarettes emulate smoking and normalise this behaviour for children and young people. It is therefore not recommended to use electronic cigarettes in front of children in the school setting in order to ensure that they live smoke-free, healthy lives.